

Thanksgiving Season

*For the sake of my relatives and friends, I will say "Peace be with you!"
Psalm 122:6-8*

Music has tremendous power to affect our mood and tap into memories. Christmas music is a highlight of the holiday season for me. There are songs that take me back to my childhood, and music that brings to mind the joy of my own family at Christmas time. Each new holiday season, I'm delighted by moments when I hear an old song as if for the first time.

There's a radio station that begins playing Christmas songs on Black Friday. That station was on while I fixed dinner one night. Suddenly, my youngest daughter ran in the kitchen, giggling. She grabbed my hands and started dancing with me. As we swirled around the kitchen, the singers proclaimed their need for a little Christmas ... right now.

Tears came to my eyes. With my delighted, dancing daughter beaming at me, in the midst of cooking dinner and the stress of Christmas preparations looming, I found myself in a Christmas Moment. Despite the demands the season makes, I need its music, its laughter, its promise and hope. I need a little Christmas now.



today I am grateful for _____

my intentions for the day _____

my to-do list for today _____

